"A Week in the Mill"

Anonymous, Lowell Offering, Volume V 1845

Much has been said of the factory girl and her employment. By some she has been represented as dwelling in a sort of brick-and-mortar paradise, having little to occupy thought save the weaving of romantic fancies, while the spindle or the wheel flies obediently beneath her glance. Others have deemed her a mere servile laborer, chained to her labor; and, indeed, some have already given her the title of "the white slave of the North." Her real situation approaches neither one nor the other of these extremes. Her occupation is as laborious as that of almost any female who earns her own living, while it has also its sunny spots and its cheerful intervals, which make her hard labor seem comparatively pleasant and easy.

Harriet Hanson Robinson, Loom and Spindle, or Life Among the Early Mill Girls, **1898**

The early mill girls were of different ages. Some were not over ten years old; a few were in middle life, but the majority were between the ages of sixteen and twenty- five. The very young girls were called "doffers." They "doffed," or took off, the full bobbins from the spinning frames, and replaced them with empty ones. These mites worked about fifteen minutes every hour and the rest of the time was their own. When the overseer was kind they were allowed to read, knit, or go outside the mill yard to play. They were paid two dollars a week. The working hours of all the girls extended from five o'clock in the morning until seven in the evening, with one half-hour each, for breakfast and dinner. Even the doffers were forced to be on duty nearly fourteen hours a day. This was the greatest hardship in the lives of these children. Several years later a ten-hour law was passed, but not until long after some of these little doffers were old enough to appear before the legislative committee on the subject, and plead, by their presence, for a reduction of the hours of labor.

An Account of a Visitor to Lowell (1836) - The Harbinger, November 14, 1836

The operatives work thirteen hours a day in the summer time, and from daylight to dark in the winter. At half past four in the morning the factory bell rings, and at five the girls must be in the mills. A clerk, placed as a watch, observes those who are a few minutes behind the time, and effectual means are taken to stimulate to punctuality. This is the morning commencement of the industrial discipline (should we not rather say industrial tyranny?) which is established in these associations of this moral and Christian community.

At seven the girls are allowed thirty minutes for breakfast, and at noon thirty minutes more for dinner, except during the first quarter of the year, when the time is extended to forty-five minutes. But within this time they must hurry to their boardinghouses and return to the factory, and that through the hot sun or the rain or the cold. A meal eaten under such circumstances must be quite unfavorable to digestion and health, as any medical man will inform us. At seven o'clock in the evening the factory bell sounds the close of the day's work.

Thus thirteen hours per day of close attention and monotonous labor are exacted from the young women in these manufactories. . . . So fatigued—we should say, exhausted and worn out, but we wish to speak of the system in the simplest language—are numbers of girls that they go to bed soon after their evening meal, and endeavor by a comparatively long sleep to resuscitate their weakened frames for the toil of the coming day...